

Home School Link Worker Weekly Bulletin

Family Advice Communication Education – September timetable

As a school, we fund the subscription to FACE so all regular sessions are free for our parents/carers. To book on, please visit the PARENTS page of the FACE website (<https://www.facefamilyadvice.co.uk/supportforparents>) to view the 16 regular talks. Choose a topic and click through the booking calendar to find a date and time that suits you. At the payment stage of booking, enter the code **SM010725** where it says ADD PROMO CODE. This will reduce the price from £24 to £0.



September Timetable

All regular sessions delivered live online via zoom. 90 minutes long

£24 each or FREE with School Membership

Book online at [facefamilyadvice.co.uk](https://www.facefamilyadvice.co.uk)

Recordings available for 48 hours

Facing Defiance	1 Sep 10am
Cannabis & Ketamine Awareness	1 Sep 7pm
Supporting Healthy Sleep	7 Sep 10am
Raising Self-Esteem	7 Sep 7pm
Introduction to OCD	8 Sep 10am
Decreasing Depression	8 Sep 7pm
What is ACT?	14 Sep 10am
Improving Family Communication	14 Sep 7pm
Supporting a Child with ADHD	15 Sep 10am
Understanding Addictive Behaviour	15 Sep 7pm
Understanding the Teenage Brain	21 Sep 10am
Understanding Anger	21 Sep 7pm
Autism: Improving Communication	22 Sep 10am
Supporting Healthy Screen Use	22 Sep 7pm
FREE - Masking Awareness	24 Sep 7-8pm
Anxiety Explained	28 Sep 10am
School Anxiety	28 Sep 7pm

FAMILY LEARNING



Free Courses and Workshops for parents and carers who speak English as an Additional Language (EAL)

Are you new to the UK or did you go to school in another country?

These free courses and workshops are delivered online and can help you support your child with school and family life.



What will I learn?

- Understand the education system in England
- How to support your child with schoolwork including reading, phonics, grammar and the language of maths
- Tips on raising bilingual children
- Practise your English language skills



...or scan here

For course dates, more information and to book your place please click on [this link](#) or scan the QR code above



surreycc.gov.uk/familylearning



family.learning@surreycc.gov.uk



0300 200 1044



**SURREY
ADULT
LEARNING**

National Autistic Society – Access and advice to Autism support session



Wednesday
7th October
2026

Access and advice to Autism support



Wednesday 7th October 2026, 9.30-11am, Woking

This session is for parents, carers and wider family members to hear about what is available to support families of Autistic children.

We are able to support pre and post diagnosis.

During this session you will:

- Learn about the help and support available from the Surrey Family Support Service
- Find out how you can access our support
- Learn more about the Mindworks partnership
- Be signposted to other local support
- Have the opportunity to join a Q&A session for information and advice
- For any questions, please email Surrey.FamilySupport@nas.org.uk

How to attend:

- You can just turn up on the day, however if you are able to let us know you are coming it would be helpful for our planning. Please complete the following form to register your place [Access and Advice to Autism Support - Attendance Form Woking Family Centre - Fill in form](#)

The session will be held at

**Woking Family Centre,
The Bungalow, Sythwood
GU21 3AX**

Fun activity of the week: Pipe cleaner bubble wands

(from Baker Ross)

Instructions:

1. Take a pipe cleaner and bend it in half around a glue stick or anything similar to this width and dimension, twisting it to hold it in place.
2. Twist the remaining pipe cleaner together to form the handle.
3. Thread beads onto the handle, then tuck the end over the last bead to keep them in place.
4. Carefully slide out the glue stick.
5. Dip your wand into bubble mixture and off you go!



Recipe of the week: Honey mustard and garlic sausage traybake

(from Tesco recipes)

Ingredients:

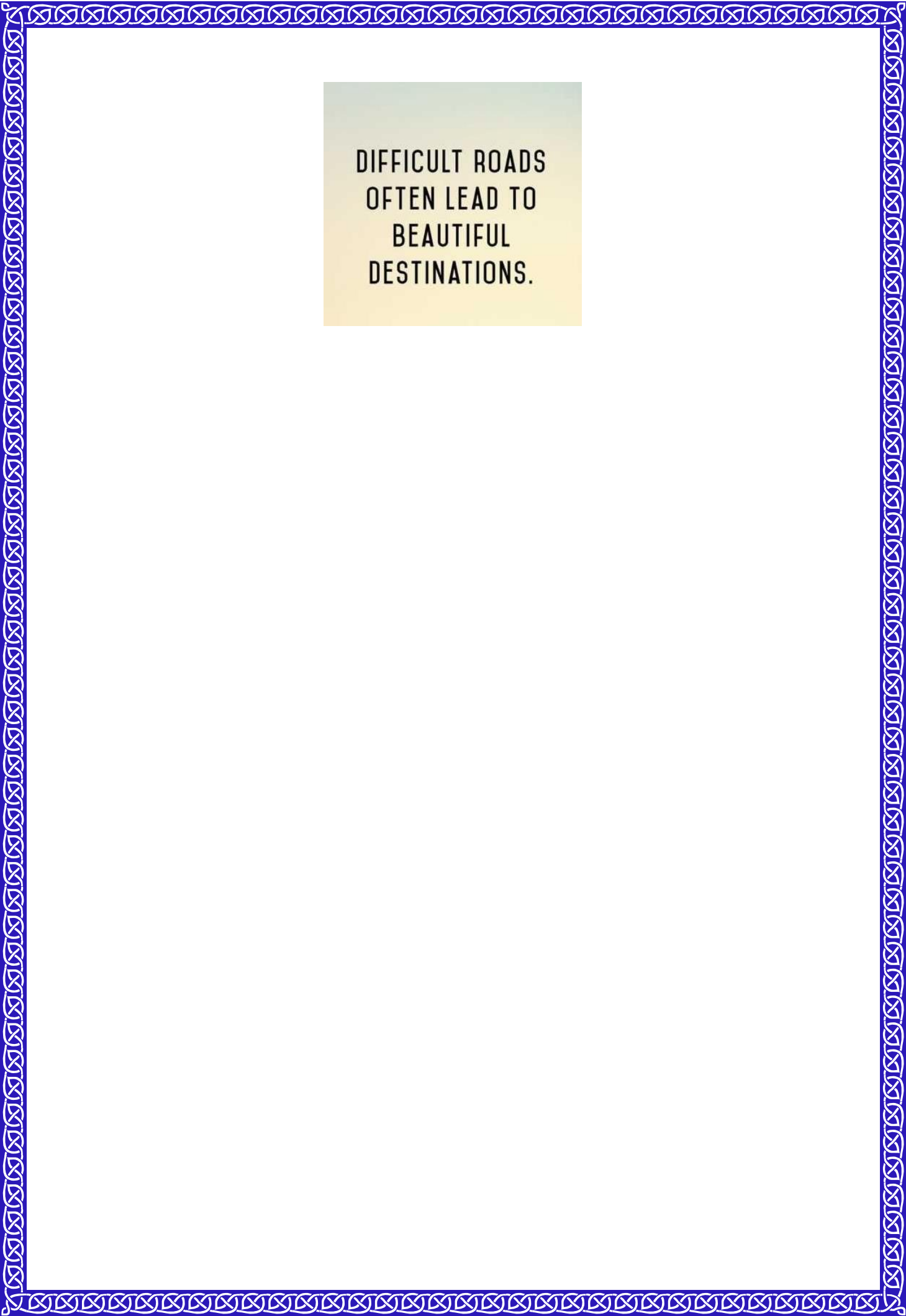
- 750g potatoes, cut into 2cm chunks
- 2 tbsp vegetable oil
- 10g fresh rosemary, finely chopped
- 454g pack pork sausages
- 2 tbsp clear honey
- 2 tbsp wholegrain mustard
- ½ red chilli, finely chopped
- 2 garlic cloves, grated
- 4 spring onions, sliced in half widthways
- Savoy cabbage, shredded, to serve



Method:

1. Preheat the oven to gas 6, 200°C, fan 180°C. Place the potatoes in a large ovenproof dish or baking tray. Toss with the oil and rosemary, season, then nestle in the sausages. Bake for 20 mins.
2. In a small bowl, whisk together the honey, mustard, chilli and garlic. Add the honey and mustard dressing to the sausages and potatoes, tossing well to combine, then return to the oven for 25 mins until the potatoes are tender and the sausages are cooked through. Add the spring onions to the tray for the final 5 mins of the cooking time.
3. Serve with steamed cabbage on the side.

If you would like any further help, guidance or support for you or your family, please contact **Laura Merrick** (Home School Link Worker) hslw2@stmarys-byfleet.surrey.sch.uk (Working hours: Tuesday 8:30am - 3:30pm, Wednesday 8:30am - 1:00pm, Thursday 8:30am - 3:30pm).



DIFFICULT ROADS
OFTEN LEAD TO
BEAUTIFUL
DESTINATIONS.