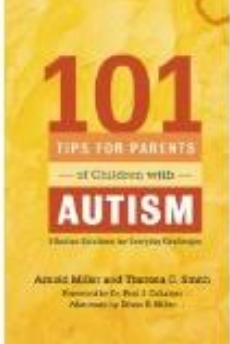

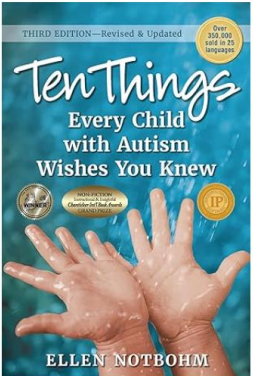
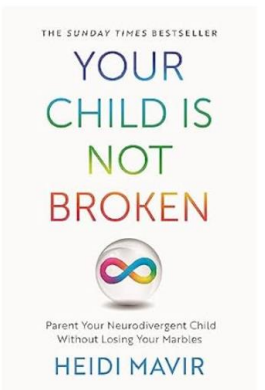
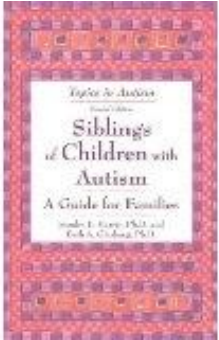
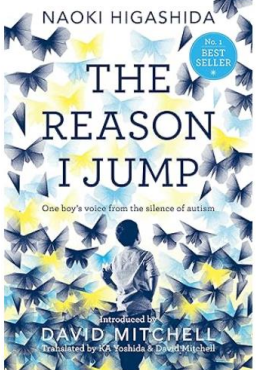
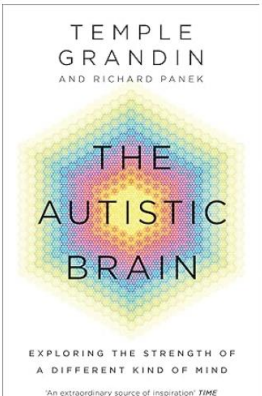
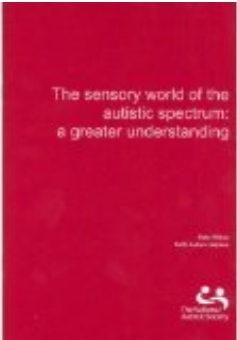

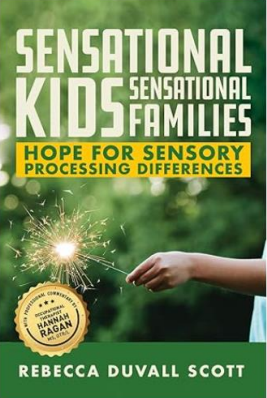
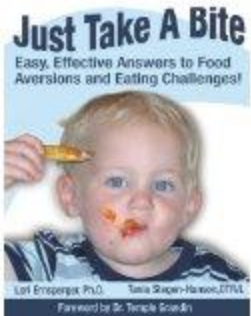


Understanding autism for families

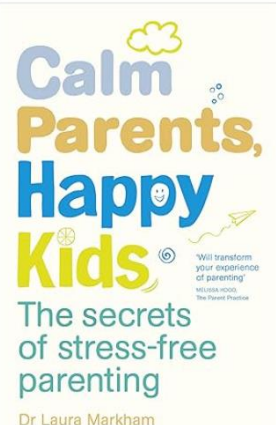
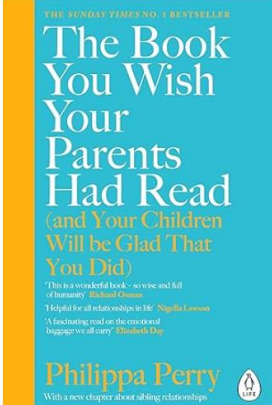
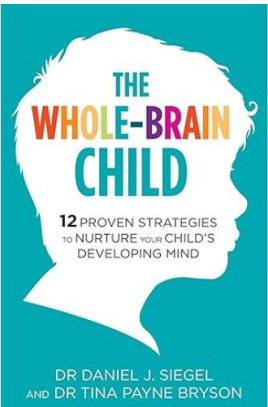
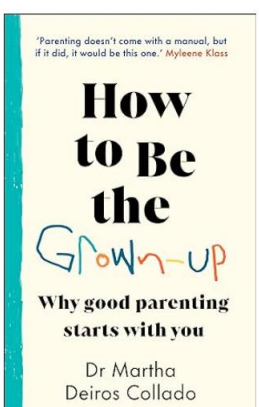
	<p>101 Tips for Parents of Children with Autism: Effective Solutions for Everyday Challenges</p> <p><i>Arnold Miller</i></p>
	<p>Autism – how to raise a happy autistic child</p> <p><i>Jessie Hewitson</i></p>
	<p>Ten things every child with autism wishes you knew</p> <p><i>Ellen Notbohm</i></p>

	<p>Your child is not broken. Parent your neurodivergent child without losing your marbles</p> <p><i>Heidi Mavir</i></p>
	<p>Siblings of Children with Autism: A Guide for Families (Topics in Autism)</p> <p><i>Sandra Harris and Beth Glasberg</i></p>
	<p>The reason I jump: one boy's voice from the silence of autism</p> <p><i>Naoki Higashida</i></p>
	<p>The autistic brain – exploring the strength for a different kind of mind</p> <p><i>Temple Grandin</i></p>

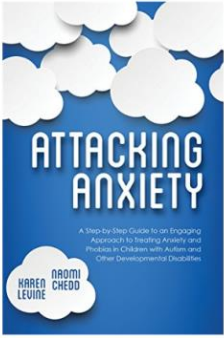
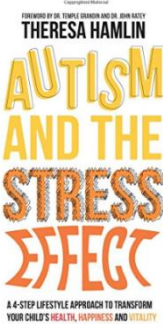
Sensory understanding / activities

 <p>The sensory world of the autistic spectrum: a greater understanding</p> <p>Kate Wilkes with Julia Williams</p> <p>The National Autistic Society</p>	<p>The Sensory World of the Autistic Spectrum: A Greater Understanding</p> <p><i>Kate Wilkes</i></p>
 <p>105 ACTIVITIES FOR YOUR CHILD WITH AUTISM AND SPECIAL NEEDS</p> <p>EMBLE THEM TO THRIVE, INTEREST, DEVELOP AND PLAY</p> <p>SUSAN JULES</p>	<p>105 activities for your children with autism and special needs</p> <p><i>Susan Jules</i></p>
 <p>SENSATIONAL KIDS SENSATIONAL FAMILIES</p> <p>HOPE FOR SENSORY PROCESSING DIFFERENCES</p> <p>REBECCA DUVAL SCOTT</p>	<p>Sensational kids, sensational families. Hope for sensory processing disorder</p> <p><i>Rebecca Duval Scott</i></p>
 <p>Just Take A Bite</p> <p>Easy, Effective Answers to Food Aversions and Eating Challenges!</p> <p>Lori Ernsperger Ph.D. Tania Shapiro-Harmon, DPA Foreword by Dr. Temple Grandin</p>	<p>Just Take a Bite: Easy, Effective Answers to Food Aversions and Eating Challenges</p> <p><i>Lori Ernsperger</i></p>

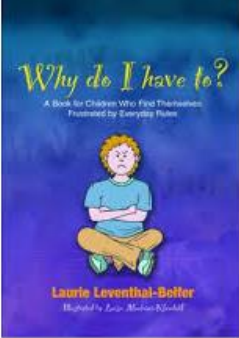
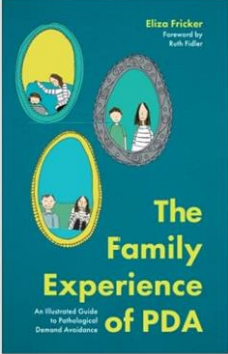
Parenting

 <p>Calm Parents, Happy Kids The secrets of stress-free parenting Dr. Laura Markham</p>	<p>Calm parents, happy kids</p> <p><i>Laura Markham</i></p>
 <p>The Book You Wish Your Parents Had Read (and Your Children Will be Glad That You Did) Philippa Perry</p>	<p>The book you wish your parents had read (and your children will be glad that you did)</p> <p><i>Philippa Perry</i></p>
 <p>THE WHOLE-BRAIN CHILD 12 PROVEN STRATEGIES TO NURTURE YOUR CHILD'S DEVELOPING MIND DR DANIEL J. SIEGEL AND DR TINA PAYNE BRYSON</p>	<p>The whole brain child</p> <p><i>Dr Daniel J. Siegel and Dr Tina Payne Bryson</i></p>
 <p>How to Be the Grown-Up Why good parenting starts with you Dr. Martha Deiros Collado</p>	<p>How to be the grown up. Why good parenting starts with you</p> <p><i>Dr Martha Deiros Collado</i></p>

Anxiety/Worry

	<p>Attacking Anxiety</p> <p><i>Karen Levine</i></p>
	<p>Autism and the Stress Effect. A 4-step lifestyle approach to transform your child's health, happiness and vitality</p> <p><i>Theresa Hamlin</i></p>

Behaviour and PDA

	<p>'Why do I have to?'</p> <p><i>Laurie Leventhal-Belfer</i></p>
	<p>The Family Experience of PDA: An illustrated Guide to Pathological Demand Avoidance</p> <p><i>Eliza Fricker</i></p>

Updated in July 2024. The above suggestions are based on resources which we have found useful when working with children with autism and related difficulties at Freemantles School.