


Home School Link Worker Weekly Bulletin

Family Advice Communication Education (FACE) – March timetable

To book on, please visit the PARENTS page of the FACE website (<https://www.facefamilyadvice.co.uk/supportforparents>) to view the 16 regular talks. Choose a topic and click through the booking calendar to find a date and time that suits you. At the payment stage of booking, enter the code **SM010725** where it says ADD PROMO CODE. This will reduce the price from £24 to £0.

 FACE	
March 2026 Timetable	
All sessions delivered live online via zoom. 90 minutes long	
£24 each or FREE with School Membership	
Book online at facefamilyadvice.co.uk	
Recordings available for 48 hours (excluding Free Talk)	
Improving Family Communication	2 Mar 10am
Autism - Improving Communication	2 Mar 7pm
Understanding Addictive Behaviour	3 Mar 10am
Supporting a Child with ADHD	3 Mar 7pm
Anxiety Based School Avoidance	9 Mar 10am
Understanding Anger	9 Mar 7pm
Supporting Healthy Screen Use	10 Mar 10am
Facing Defiance	10 Mar 7pm
Cannabis and Ketamine Awareness	16 Mar 10am
Anxiety Explained	16 Mar 7pm
Introduction to OCD	17 Mar 10am
What is ACT	17 Mar 7pm
Raising Self-Esteem	23 Mar 10am
Decreasing Depression	23 Mar 7pm
Supporting Healthy Sleep	24 Mar 10am
Understanding the Teenage Brain	24 Mar 7pm
FREE Anxiety Based School Avoidance	26 Mar 7-8pm

Family Learning



FAMILY LEARNING



Who's in Charge? First steps to understanding Child to Parent Violence

Join our FREE four-week, face-to-face course (2-hour sessions) for parents and carers of children aged 8–18 showing violent or aggressive behaviour at home. Learn practical strategies to reduce conflict and support a calmer family life.

✓ What you'll learn:

- Understand what drives aggressive behaviour
- Explore family rights, responsibilities and dynamics
- Develop positive parenting approaches
- Create a calmer home environment

Where: Woking Family Centre

The Bungalow, Sythwood
Gu21 3AX

When: Wed 22nd April – 13th May 2026

Time: 09:30 – 11:30



Changing childhoods.
Changing lives.

To book your place please click on this link or scan the QR code



Web : www.surreycc.gov.uk/familylearning

Email : family.learning@surreycc.gov.uk

Tel : 0300 200 1044



'Jigsaw Hub' at The Lighthouse, Woking

Play sessions run on Mondays and Thursdays 9:30am - 10:45am, and 11:15am – 12:30pm during term time.

Location: The Lighthouse, Albion House, Unit 4 Church Path, Woking, GU21 6EL

All families with children under five welcome.



Fun activity of the week: Tin can planter

You will need:

- Acrylic paint
- Paint brushes
- Permanent markers
- Tin can
- Top soil and flower/small plant

Instructions:

1. Cover tin can with acrylic paint. Dry 1–2 hours. Add second coat. Dry 1–2 hours.
2. Use different coloured acrylic paint and permanent markers to create your own design. Dry 1-2 hours.
3. Fill tin can with topsoil and plant flower.



Recipe of the week: Cheesy broccoli muffins

Ingredients:

- 175g broccoli florets
- 150g self-raising flour
- 1 tsp dried garlic granules
- 1 tsp mustard powder (optional)
- 1 large egg, lightly beaten
- 180ml whole milk
- 50ml olive oil
- 30g Cheddar, coarsely grated



Method:

1. Heat the oven to gas 5, 190°C, fan 170°C and line two 12-hole cupcake tins or small muffin tin with 15 cupcake cases.
2. Put the broccoli into a steaming basket set over a pan of simmering water (don't let the water touch the bottom of the steamer) and add a lid. Cook for 5-6 mins or until just tender, then allow to cool.
3. Put the broccoli and all the remaining ingredients into a small blender or food processor and blitz until just combined. Pour equally into the paper cases and bake for 22-25 mins until golden on top and a skewer inserted into the centre comes out clean. Allow to cool completely before serving.

If you would like any further help, guidance or support for you or your family, please contact **Laura Merrick** (Home School Link Worker) hslw2@stmarys-byfleet.surrey.sch.uk (Working hours: Tuesday 8:30am - 3:30pm, Wednesday 8:30am - 1:00pm, Thursday 8:30am - 3:30pm).

Home is where you
are loved the most
and act the worst.