



Year 1 Autumn Termly Curriculum Overview
2025 - 2026

	Week 1 8.9.25	Week 2 15.9.25	Week 3 22.9.25	Week 4 29.9.25	Week 5 6.10.25	Week 6 13.10.25	Week 7 20.10.25	Week 8 3.11.25	Week 9 10.11.25	Week 10 17.11.25	Week 11 24.11.25	Week 12 1.12.25	Week 13 8.12.25	Week 14 15.12.25	
St Mary's Learner/	Always ready to learn (SML)			I want to get better and learn for me. Growth Mind-set		I can take control of my own destiny. Growth Mind-set		There is no such thing as can't at St. Mary's. I just can't do it yet. Growth Mind-set			Enthusiastic, willing to take part and speak up (SML)		A Risk taker - always confident to have a go (SML)		
PSHE	Getting to know classes	Me and my relationships •Recognise how others might be feeling by reading body language/facial expressions; •Understand and explain how our emotions can give a physical reaction in our body (e.g. butterflies in the tummy etc.)						Me and my relationships continued	Rights and responsibilities •Understand that classroom rules help everyone to learn and be safe; •Explain their classroom rules and be able to contribute to making these.						
English	Getting to know classes	The Gruffalo And other Julia Donaldson stories						Handa's Surprise And other cultural stories				Christmas-themed stories and writing			
Phonics/ Spelling	Baseline assessment	Monster Phonics ff, zz, ck, ss, ll	Monster Phonics -tch, -ve, nk, -ai	Monster Phonics oi, ay, oy	Monster Phonics Suffix s/es, a_e	Monster Phonics e_e, i_e, o_e	Monster Phonics u_e, ar	Monster Phonics ee, Suffixes ed/ing	Assessment week	Monster Phonics er, ur, ir	Monster Phonics oa, oo (moon), oo (book)	Monster Phonic Suffix er/est, oe	Monster Phonics ou, ow, ow	Consolidation	



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Maths	Getting to know classes	Place Value (within 10)					Addition and Subtraction (within 10)	Addition and Subtraction (within 10)			Geometry (Shape)	Consolidation		
Science (Seasonal)			Animals including humans – body parts/senses							Materials: Which material would be best for building a house?				
Religious Education	Christianity: Why do Christians call God 'Creator'?						Christianity: What is the Nativity and why is it important?							
Computing		How does technology around us help in our daily lives?					How do I programme a robot to move?							
Geography								Our School: How can we find our way around the school?						



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History					Local History Study How have homes changed over time around me?								
Art		Self-Portraits (Pablo Picasso)											
DT													How do you make a free-standing ornament?
Music	Introducing Beat					Introducing Beat							
Indoor PE	Gymnastics					Fundamentals							
Outdoor PE	Ball Skills					Sending and Receiving							

