

Mums-2-Mums

Befriending Group for Mums



White Lodge's Face2Face service offers a free befriending service for parents of children with a disability and we have established a new group just for Mums who are looking for support.

Have you recently learnt that your child has a disability? Perhaps the news came as a complete shock to you? Maybe you have known about your child's disability for a while but are finding things difficult at the moment?

If you are the Mum/female carer of a disabled child and are struggling to cope, we can help.

Supported by the Face to Face service at White Lodge the Mums2Mums group is a new monthly drop-in for mothers and female carers of children with additional needs. The group will be a great way to meet others, develop friendships, socialise and gain emotional and moral support. The group will be facilitated by two trained female befrienders from the Face2Face befriending service.

The group meet once a month on a Wednesday evening. Scan the QR code for for information

Please contact the Face2Face Co-ordinator before attending for the first time. E: face2face@whitelodgecentre.co.uk | T: 01932 567131



whitelodgecentre.co.uk

White Lodge | Holloway Hill, Chertsey, Surrey | KT16 0FA

