

# Dads-2-Dads

Befriending Group for Dads



**White Lodge's Face2Face service offers a free befriending service for parents of children with a disability and we have established a new group just for Dads who are looking for support.**

Have you recently learnt that your child has a disability? Perhaps the news came as a complete shock to you? Maybe you have known about your child's disability for a while but are finding things difficult at the moment?

**If you are the Dad/male carer of a disabled child and are struggling to cope, we can help.**

Supported by the Face to Face service at White Lodge the Dads2 Dads group is a new monthly drop-in for fathers and male carers of children with additional needs. The group will be a great way to meet others, develop friendships, socialise and gain emotional and moral support. The group will be facilitated by two trained male befrienders from the Face2Face befriending service.

**The group meet once a month on a Wednesday evening. Scan the QR code for for information**

Please contact the Face2Face Co-ordinator before attending for the first time. E: [face2face@whitelodgecentre.co.uk](mailto:face2face@whitelodgecentre.co.uk) | T: 01932 567131



[whitelodgecentre.co.uk](http://whitelodgecentre.co.uk)

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