

Home School Link Worker Weekly Bulletin

Family Information Service

The Family Information Service now has a new 'Upcoming Courses' tab, which has the names/dates and contact details of parenting courses and support in Surrey.

[Click here](#) to be directed to their website.



Childcare Choices

Changes to childcare support mean you might now be eligible for more help than ever before. Support from Childcare Choices can give your child a great start while giving you work choices, helping you make the juggle of family life a little easier.

To find out more about what you could be entitled, please [click here](#).

Childcare
Choices

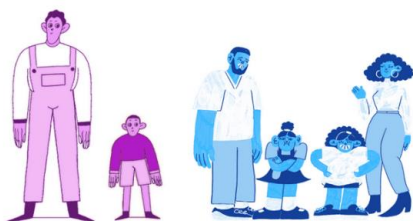


HM Government

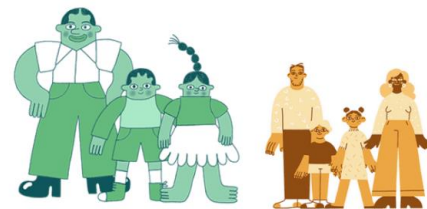
Parent support videos

[Click here](#) to be directed to a series of short videos addressing the following topics:

- Help with difficult behaviour
- Help with negative emotions



Families
Under
Pressure



Free Parent Information Talk: "Children, Smartphones and Apps"

[Click here](#) to find out more and secure your space.

CHILDREN, SMARTPHONES AND APPS

Join us on ...

TUESDAY 11TH FEBRUARY
7:30PM-9:00PM

 GREENFIELD SCHOOL, OLD WOKING ROAD, GU22 8HY



Whether your child has a smartphone or not- please join us to find out some tips for managing smartphones in your family.

Learn more about the impact of smartphones and social media have on children and what we can do to delay or limit their exposure.

Talk from
Jennifer Powers
of PAPA YA

Sign up



Occupational Therapy – Children and Family Health Surrey

The Children and Family Health Surrey Occupational Therapy Helpline has a new telephone number: **01932 558 570**.

The helpline is open from 1pm to 4pm on Tuesdays and Thursdays.

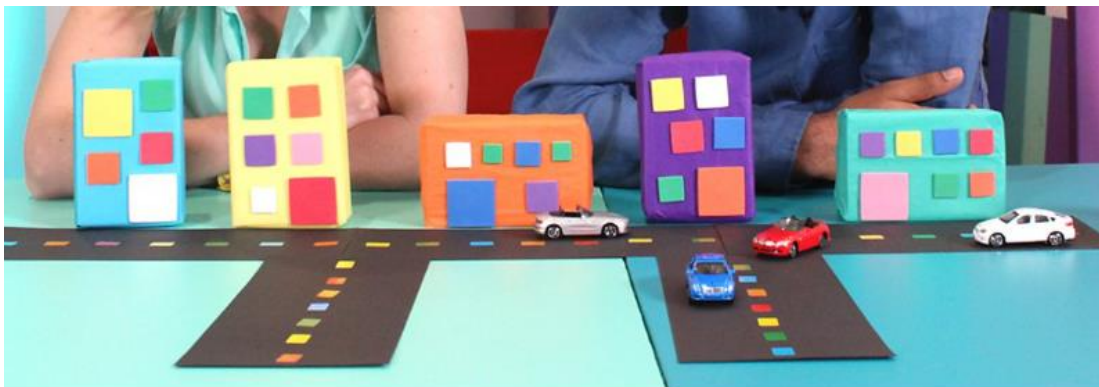
The helpline is for families, nurseries, schools and professionals including SENCOs to gain advice on how to support children and young people in their everyday living activities.

Occupational Therapy resources, tips, advice and videos are also available on the [Children and Family Health Surrey website](#).



Fun activity of the week: Mini city

Using card, scrap paper, empty boxes and cartons, you can create your very own 'mini city'!



Recipe of the week: Toad in the hole

Ingredients:

- 2 tbsp Sunflower oil
- 8 Sausages, About 450g
- 150 g Plain flour
- Pinch Salt
- 3 Eggs
- 200 ml Semi-skimmed milk
- 50 ml Water



Method:

1. Preheat the oven to 220c.
2. Add the oil and sausages to an oven proof dish and stir to coat everything with the oil. Place the dish in the oven and cook for 10 minutes.
3. Whisk the flour and salt with the eggs until you have a very smooth, very thick paste.
4. Add about a third of the milk, whisk until smooth, add the rest, along with the water and again whisk until totally smooth.
5. Remove the dish from the oven and then pour in the batter around the sausages.
6. Return to the oven and reduce the temperature to 200°C. Cook for 30 minutes.

If you would like any further help, guidance or support for you or your family, please contact **Laura Merrick** (Home School Link Worker) hslw2@stmarys-byfleet.surrey.sch.uk (Working hours: Tuesday 8:30am - 3:30pm, Wednesday 8:30am - 1:00pm, Thursday 8:30am - 3:30pm).

