

## Home School Link Worker Weekly Bulletin

### Mindworks

Mindworks is the Children and Young People's Emotional Wellbeing and Mental Health Service. Through their website you can access information and advice, ask for help or support and they also have a chat function for urgent help.



<https://www.mindworks-surrey.org/>

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### YUVA (Youth Using Violence and Abuse)

The Richmond Fellowship 'Youth Using Violence and Abuse' (YUVA) has launched its service. The organisation supports young people aged 11 to 18 (or up to 25 with additional needs) who have used violence or abuse toward family members.



The YUVA service incorporates the whole family model of support to encourage change and safely in the family system. While working one to one through their behavioural change programme with young people, YUVA also works directly with the parent/carer, siblings, or partners who are impacted.

Referrals can be received directly from parents or professional organisations working with young people. Contact on [dvip.yuva@richmondfellowship.org.uk](mailto:dvip.yuva@richmondfellowship.org.uk)

[YUVA Surrey - DVPP Referrals Richmond Fellowship \(darichmondfellowship.org.uk\)](http://darichmondfellowship.org.uk) direct link to the website for further information.

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### Libraries

Below is the link to all 52 libraries across Surrey.

[Libraries in Surrey - Surrey County Council \(surreycc.gov.uk\)](http://surreycc.gov.uk)

Local libraries provide the following services:

- 25 items at a time can be borrowed including books, CDs and DVDs
- children under 5 can have their own [Pebble card](#) and can borrow up to 25 board books, picture books or talking books for up to three weeks
- borrow up to 10 titles at a time through the Libby app: see [Libby app](#). Select from over 20,000 titles. This is eAudiobooks and eBooks. Magazines for adults and children are also available
- each library delivers events and activities.

When you go to register, please remember to bring your ID.

Our local Byfleet library can be found:

High Road  
Byfleet  
Surrey KT14 7QN

Please see below for their Autumn craft session taking place this Saturday:



**Twit-Twoo!**

Come and join us for a fun Autumn craft session and make an owl.

**Where-**  
Byfleet Community Library

**When-**  
Saturday, 12<sup>th</sup> October  
10.30am-12noon  
(please arrive at 10.30)  
OR  
2pm-3.30pm  
(please arrive at 2pm)

**Who-**  
Children 3-11 years. £1 per child  
Places are limited so please reserve  
a place at the library desk.

The poster features several owl illustrations: a group of four small brown owls on a branch, a single large brown owl, a white owl with a black hat, and three colorful owls (pink, green, blue) with large eyes. At the bottom, there is a branch with yellow autumn leaves.

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### **'Feeling Good Week'**

This year Surrey County Council's Feeling Good Week takes place from Monday 7 to 11 October, coinciding with World Mental Health Day on Thursday 10 October. This year's theme is 'Embracing Emotions'.

All emotions serve a purpose; they can help us to grow, connect with others, and motivate us to take action and make change. Identifying how we are feeling, however, isn't always easy.



For further information and support, please [click here](#) to be directed to our school website.

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St Mary's Firework display

ST MARY'S C OF E PRIMARY SCHOOL

# FIREWORKS DISPLAY

WEDNESDAY 6  
NOVEMBER 2024

GATES OPEN FROM 5.00PM  
DISPLAY AT 6.30

- GLOW IN THE DARK STALL
- FOOD VAN
- REFRESHMENTS
- ENTERTAINMENT

### EARLYBIRD TICKET PRICES

ADULT £7.00 CHILD £5.00 FAMILY £24

Earlybird ticket prices available until 5th October 2024

### STANDARD TICKET PRICES

ADULT £8.50 CHILD £6.50 FAMILY £28

Under 3's FREE. Family ticket entry covers 2 adults, 2 children.

Tickets are non refundable

**BOOK VIA OUR WEBSITE TODAY!**

Capacity is limited. This event is open to members of the public as well as school families.  
This event is organised by St Mary's PTA & Friends, Registered Charity No. 1104164.

For more information visit [www.pta-events.co.uk/friendsofstmarys](http://www.pta-events.co.uk/friendsofstmarys)



SCAN ME



### **Fun activity of the week: Autumn Wreath Garland**

1. Cut the middle out of the paper plate, leaving a 2 inch border behind.
2. Pierce a small hole at what will be the top of your wreath and thread your string or ribbon through it, ready to hang
3. Start gluing your leaves to the paper plate border, making sure they overlap each other so as to completely hide the plate.
4. Leave flat to dry for a short while before hanging your wreath.



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### **Recipe of the week: Mac and cheese**

#### **Ingredients:**

- 700ml full-fat milk
- 1 onion, peeled and halved
- 1 garlic clove, peeled
- 1 bay leaf
- 350g macaroni
- 50g butter, plus a little extra for greasing
- 50g plain flour
- 175g mature cheddar cheese, grated
- 1 tsp English mustard
- 50g parmesan, grated
- 50g white breadcrumb



#### **Method:**

1. Heat oven to 190C/ fan 170C/gas 5 and butter a 25 x 18cm ovenproof dish. In a small pan, warm the milk, onion, garlic and bay leaf until almost boiling. Remove from the heat, leave covered to infuse for 10 mins, then strain.
  2. Cook the macaroni according to pack instructions.
  3. Make the roux: Melt the butter in the medium pan. When foaming, add the flour, then cook, stirring constantly, for 1 min on a low heat. Slowly stir the warm infused milk into the roux until smooth.
  4. Remove the pan from the heat, then add the cheddar and mustard powder. Season, then stir until the cheese has melted.
  5. Mix the cheese sauce through the macaroni to coat it well, then tip into the prepared dish. Sprinkle the Parmesan and breadcrumbs over the top, then bake for 15-20 mins until golden brown.
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If you would like any further help, guidance or support for you or your family, please contact **Laura Merrick** (Home School Link Worker) [hslw2@stmarys-byfleet.surrey.sch.uk](mailto:hslw2@stmarys-byfleet.surrey.sch.uk) (Working hours: Tuesday 8:30am - 3:30pm, Wednesday 8:30am - 1:00pm, Thursday 8:30am - 3:30pm).

**DO WHAT YOU CAN,  
WITH WHAT YOU'VE GOT,  
WHERE YOU ARE.**