

## **Home School Link Worker Weekly Bulletin**

### **Families online magazine**

The latest issue of Families Online Magazine has been produced.

What's on:

- \* Easter activities
- \* Easter holiday camps and drama workshops
- \* Family shows and children's theatre
- \* Children's party ideas
- \* Easter activity printables



[Click here](#) for the latest issue.

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### **Barnardo's parent wellbeing service**

The Parent Wellbeing Service offers support to parents or carers whose children are experiencing poor mental health and wellbeing such as anxiety, depression, stress, self-harm and eating disorders.

The service will enable parents and carers to be a protective factor for their child/young person in their wellbeing recovery. Increasing their confidence to support their child/young person.

Practitioners will meet with parent/carers to help them identify their goals and how they can achieve positive change for them and their family. This could be through:

- Meeting with a practitioner for 1:1 support
- Attending local groups
- Getting advice, guidance, and information
- Accessing phone or online support
- Finding other support in the local community
- Befriending other parents/carers going through similar difficulties

For more information, please do email the team on [PWS@barnardos.org.co.uk](mailto:PWS@barnardos.org.co.uk)

If you wish to be referred for this service, please do contact Laura Merrick, who can complete the application ([hslw2@stmarys-byfleet.surrey.sch.uk](mailto:hslw2@stmarys-byfleet.surrey.sch.uk) )



## **Expansion of Funded Early Education and Childcare**

In 2023, as part of the Spring Budget, the government announced that they would be introducing several new measures to support working families to access early education and childcare. This included the expansion of early years funded entitlements from April 2024 onwards.

By September 2025, most working families with children under 5 will be entitled to 30 hours of early education and childcare.

[Click here](#) for further information.

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## **Happy Maps**

*Developed in 2018 by a family doctor and parent with a background in Paediatrics, HappyMaps aims to address the increasing struggle parents face in accessing help for their child's behaviour or mental health. HappyMaps was created to save parents time and effort by providing a single platform to quickly find the help they need for their child. HappyMaps is a valuable resource for parents, professionals, and young individuals alike. All our recommended books, websites, apps, and videos have been carefully selected based on expert and parental recommendations.*

<https://www.happymaps.co.uk/>



## **Specsavers Surrey Youth Games**

In partnership with Active Surrey, 'Surrey Youth Games' are offering free courses and classes for children (aged 7-16 years) after the Easter break. There is a range of free activities on offer including judo, dance and tennis.

<https://www.activesurrey.com/SYG>



## **Fun activity of the week: Flower printing**

By carefully dipping flowers into paint, you can create your very own masterpiece!



## Recipe of the week: Sausage bolognese

### Ingredients:

- 6 good-quality sausages, skins removed
- 250g pack mushroom, sliced
- 660g jar tomato pasta sauce
- 300g penne
- grated or shaved parmesan, to serve

### Method:

1. Heat a large, wide frying pan, then crumble in the sausage meat (there's no need to add any oil). Fry for a few mins until golden and the fat is released, stirring well to break up the meat.
2. Add the mushrooms and fry for a few mins until beginning to soften
3. Then add the tomato sauce and heat through until bubbling.
4. Meanwhile, boil the penne. When ready, drain and tip into the sauce. Mix well until completely coated, then divide between four plates, finishing with a little parmesan.



If you would like any further help, guidance or support for you or your family, please contact **Laura Merrick** (Home School Link Worker) [hslw2@stmarys-byfleet.surrey.sch.uk](mailto:hslw2@stmarys-byfleet.surrey.sch.uk) (Working hours: Tuesday 8:30am - 3:30pm, Wednesday 8:30am - 1:00pm, Thursday 8:30am - 3:30pm).

