Home School Link Worker Weekly Bulletin

Summer events in Surrey

<u>Click here</u> for listed local events this summer.



Summer Reading Challenge

Children can sign up for the Summer Reading Challenge and have fun with reading over the holidays!

There are two ways you can take part in the Summer Reading Challenge:

You can join at your local library and take part in person. The librarian will give you a collector folder, stickers, and other special rewards, and help you find books to read.

Or, take part online by signing up here. Set a reading goal and log your books on your profile. When you reach your goal, you will unlock a virtual badge and certificate.

Click here to find out more.



Additional Needs Service Showcase

On 3rd March, an Additional Needs service showcase was held at Burview Hall, Walton. The purpose of this was to raise awareness of services and support available for parents of children who may have additional needs. Further information is available on the Local Offer site here on their latest Showcases: https://www.surreylocaloffer.org.uk/news/additional-needs-service-showcase-list-of-attendees



Healthy Cook and Eat classes (next course September 2023)

HEALTHY COOK AND EAT CLASSES





Free, six week healthy cooking course for you and your family.

The course covers:

- Nutrition basics
- Budgeting and meal planning portion sizes
- Understanding food labelling
- Your five-a-day
- Healthy food swaps and 'fake aways'.

Classes are face-to-face and virtual but ingredients and recipes will be dropped off to you prior. Get in touch for dates and further event information.



For further information, visit www.woking.gov.uk/familysupport

Register your interest with us on email familycentres@woking.gov.uk or call 01483 743 812





Meal deals for kids this summer



PLACES WHERE KIDS EAT FREE (OR FOR £1) DURING THE 6 WEEKS SUMMER HOLIDAYS 2023



COURTESY OF MONEY SAVING CENTRAL

ASDA

Kids eat for £1 All Day, Every Day at Asda cafes, with no adult spend required.

TESCO

Kids eat free with a purchase of 60p+ from Mon 24th July - Fri 1st September 2023

SAINSBURYS CAFES

Kids eat for £1 with the purchase of an adult hot main. From 11:30am every day.

BEEFEATER & BREWERS FAYRE

Two children under 16 can get a free breakfast every day with one paying adult!

THE REAL GREEK

Kids under 12 eat FREE every Sunday for every £10 spent by an adult

TABLE TABLE

Two children under 16 can get a free breakfast every day with one paying adult!

TRAVELODGE

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

HUNGRY HORSE

Kids eat for £1 on Mondays & up to 2 Kids get free breakfast with 1 adult breakfast

PREMIER INN

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

SIZZLING PUBS

Every Monday to Friday, 3 - 7pm, kids' mains are £1 with every adult meal.

IKEA

Kids get a meal from 95p daily from 11am

MORRISONS

Spend £4.49 & get one free kids meal all day, every day.

GORDON RAMSEY RESTAURANTS

Kids under 8 eat FREE all day, every day at selected Gordon Ramsay restaurants

PRETO

Kids up to age 10 eat free all day, every day with paying adults at Preto in Half Terms

BILLS

2 kids eat FREE all day, every day from Monday 24th July - Friday 1st Sept 2023

BELLA ITALIA

Children eat for £1 with any adult main. The offer is valid 4-6pm Mon to Thurs.

WHITBREAD INNS

Two kids under 16 eat for FREE with every adult breakfast purchased

SA BRAINS PUBS

Children can eat for £1 with any adult main. Valid All Day Wednesdays

FUTURE INNS

Under 12's eat for free with any adult meal. During the school holidays

PAUSA CAFE @ DUNELM

Kids get 1 mini main, 2 snacks & a drink FREE with every £4 spend after 3pm

YO! SUSHI

From Mon 17th of July until Fri 11th of Aug kids eat free with every £10 adult spend

TO BE CONFIRMED ...

M&S and Farmhouse Inns

Copyright of MONEY SAVING CENTRAL

Families Online Magazine

Take a look at the July/August magazine! It's packed with everything you need as we head towards the summer holidays. There are lots of ideas to keep the kids busy, from days out and holiday camps to loads of free activities.

Giveaways include Numberblocks toy bundles, bundles of NEW Orchard Toys games, Start-Rite 'Schools' Shoes vouchers and Readly digital magazine subscriptions.

Included in this edition:

- * Summer Boredom Busters
- * Summer holiday camps & workshops
- * Children's theatre
- * Under 5s summer fun and classes
- * What's on diary including free events
- * Free printables for some quiet moments

Click here to access the latest edition.



Fun activity of the week: Create a Mud Kitchen

A mud kitchen is an outdoor setup for children to pretend to prepare and cook food using any combination of mud, sand, garden foliage and water. Mud kitchens are the perfect way for kids to engage in make-believe play in the garden. You can keep it simple by using old bowls, utensils and then let the children explore!

See BBC's guide for further suggestions and inspiration.

https://www.bbcgoodfood.com/howto/guide/mud-kitchen-ideas



Recipe of the week: Cheese and bacon muffins

Ingredients:

- 300 g self-raising flour
- 100 g mature cheddar cheese (grated)
- 80 ml sunflower oil
- 250 ml whole milk
- 1 medium egg
- 200 g cooked bacon lardons
- salt & pepper
- extra cheese for the top

Method:

- 1. Preheat the oven to 200°c/180°fan and prep 12 tulip sized muffin cases.
- 2. Add the flour, cheese, oil, milk, egg, cooked bacon, and seasoning to a bowl and mix with a spatula as little as possible.

- 3. Split the mixture between the 12 tulip cases and then sprinkle on some extra cheese if you fancy.
- 4. Bake the muffins in the oven for 20-22 minutes.
- 5. Let them cool for about 15 minutes and enjoy warm, or leave to cool fully.

If you would like any further help, guidance or support for you or your family, please contact Laura Merrick (Home School Link Worker) hslw2@stmarys-byfleet.surrey.sch.uk (Working hours: Tuesday 8:30am - 3:30pm, Wednesday 8:30am - 1:00pm, Thursday 8:30am - 3:30pm)



