



Parents' and Carers' Helpsheet



Play Like Share is a series of three animated films for 8-10 year olds about staying safe online, produced by Thinkuknow, the National Crime Agency's CEOP Command's online safety education programme.

Watch the films at: www.thinkuknow.co.uk/parents/playlikeshare

About *Play Like Share*

Play Like Share follows the adventures of Alfie, Ellie and Sam as they form a band and enter their school's Battle of the Bands contest, taking on the mean but 'cool' Popcorn Wizards as they go. The three friends learn that while the internet can help, they need to use it wisely and safely.

The aim of the films is to help 8-10 year olds learn how to stay safe online, in particular, the films and activities teach them to spot the early signs of manipulative, pressurising and threatening behaviour by people they might meet online, and develops their confidence to respond safely and get help.

How you can use *Play Like Share* to help keep your child safe online

Watch *Play Like Share* with your child, and start a conversation about the internet and staying safe.

There are three episodes so you could do this over a few days.

Start with positives, finding out as much as you can about what your child does online and what it means to them.

You could:

- Ask your child to show you their favourite websites, apps and social media services and what they do on them. Listen and show interest. You could also encourage them to teach you the basics of the site or app.
- Ask them if anything ever bothers or worries them about going online. You could use examples of events from the films and ask if they've ever heard of something similar happening. Talk in general about what children can do to stay safe online.
- Use examples from *Play Like Share* to start a conversation about online 'friends' or 'followers'. Ask them about who they chat to online, and whether they know and trust them 'in real life'.
- Talk about the importance of privacy settings and how they can help your child stay in control of what they share with others. Together, look at the privacy settings for the services they use, encourage them to only share things with people they know and trust in real life.
- Using examples from *Play Like Share*, talk to your child about what it might be appropriate or inappropriate to share online – this includes photos, videos, comments and personal information.
- Talk to your child about how their online actions can affect others. Remind them to consider how someone else might feel before they post or share something.
- Ensure your child understands that if anything ever happens online which worries or upsets them, they should always tell you.
- Explain that you would never blame them for anything that might happen online, and you will always give them calm and non-judgemental support.
- Make online safety an on-going conversation in your house and involve the rest of the family in the conversation too.

St Mary's C of E Primary School – e-Safety workshop - Parents

<http://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/talking-your-child-staying-safe-online/> - Advice on how to talk to your children about staying safe online, including having a regular, open dialogue

<http://www.nspcc.org.uk/fighting-for-childhood/about-us/partners/nspcc-o2-online-safety-partnership/> - Free telephone advice on all things e-safety, including practical guidance on setting up parental controls – 0808 8005002

www.thinkuknow.co.uk/parents/ - Age appropriate advice for parents regarding both e-Safety and cyber bullying, including how to discuss specific issues. Games and resources for use with your children can be found on the main site at: www.thinkuknow.co.uk

www.saferinternet.org.uk/advice-and-resources/parents-and-carers - "How to" guides for setting up parental controls on a range of devices, including Xbox, Playstation, TV on demand (e.g. iPlayer) and your Internet router / Wifi box. Games and resources are also available on the main site at: www.saferinternet.org.uk

www.getsafeonline.org - Guidance on everything in your online / digital world, including viruses and hacking, along with content for adults, such as safe online banking and choosing appropriate passwords

theyybersafetylady.com.au/2014/08/a-parents-guide-to-minecraft/ and minemum.com/minecraft-parent-problems contain information on how to use Minecraft safely, including details of child friendly servers for online, multiplayer gaming

www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/pokemon-go-parents-guide/ - Parents' guide to Pokemon Go, including details of how to play the game safely

ceop.police.uk – Place to report inappropriate online behaviour, such as grooming, through the "Safety Centre" at: ceop.police.uk/safety-centre/ You should call the Police if a child is in immediate danger

www.iwf.org.uk - Hotline for reporting criminal content online, such as abusive images. Reports can be made at: www.iwf.org.uk/report



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