



## RSE – 'Living and Growing' – Channel 4

Year Group	Topics covered	Programmes to support
4	Changes in themselves over time	1 – Differences 2 – How Did I Get Here? 3 – Growing Up
5	Puberty and Changes	4 – Changes 5 – Girl talk 6 – Boy Talk
6	Puberty (recap) How Babies are Made How Babies are Born	5 – Girl talk 6 – Boy Talk 7 – How Babies are Made 8 – How Babies are Born