



## St Mary's C of E Primary School PSHE Policy – Autumn 2018

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### **Aims and Objectives**

Personal, Social and Health Education (PSHE) and Citizenship enables children to become healthy, independent and responsible members of society. We encourage our pupils to play a positive role in contributing to the life of the school and the wider community. In doing so, we help develop their sense of self-worth. We teach them how society is organised and governed. We ensure that they experience the process of democracy in school, both through lessons and the school council. We teach them about rights and responsibilities. They learn to appreciate what it can mean to be a positive member of multicultural society.

The aims of Personal, Social and Health Education and Citizenship are to enable the children to:

- Know and understand what constitutes a healthy lifestyle.
- Be aware of safety issues.
- Understand what makes for good relationships with others.
- Have respect for others.
- Be independent and responsible members of the school community.
- Be positive and active members of a democratic society.
- Develop self-confidence and self-esteem, and make informed choices regarding personal and social issues.
- Develop good relationships with other members of the school and the wider community.

### **Teaching and Learning Style**

We use a range of teaching and learning styles. PSHE is promoted through sound pastoral care.

**St Mary's Learner (a whole school approach aimed at encouraging positive attitudes towards learning)**, the whole school adopted this system and PSHE should be used to emphasise this.

**Circle time**, we place an emphasis on active learning by involving the children in discussions, investigations and problem-solving activities. Circle time is timetabled in to ensure children are able to discuss various topics, such as conflict resolution.

**Successes**, it is important that children's successes in PSHE and Citizenship are acknowledged and celebrated throughout the school by choosing Stars of the Week, having a Dojo points system (class / individual success), receiving certificates, stickers or rewards.

**Christian Values** are linked in all areas of the curriculum and are a fundamental part of St Mary's School ethos.

**Visitors**, we offer children the opportunity to hear visiting speakers, such as health workers, police, and representatives from the local church. The Life Bus visits the school once every year and is used by every class.

### **PSHE and Citizenship Curriculum Planning**

Our scheme of work covers all strands of the PSHE curriculum (See Appendix 1 – Scheme of Work): Health and Wellbeing; Healthy Lifestyles; Relationships and Sex; Drugs and Alcohol; Staying Safe and Financial Capability and Citizenship. To support this all the school have access to SEAL resources, as well as resources from the Henry Winter Trust (Drugs) and PFEG (Financial Capability).



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We may introduce PSHE and Citizenship through other subjects, e.g. when teaching about local environmental issues in geography. There is also an overlap between the programmes of study of religious education and PSHE and Citizenship.

We also develop PSHE and Citizenship through activities and whole-school events, e.g. the school council representatives meet regularly to discuss school matters. We offer residential visits to Year 4 and 6 children where there is a particular focus on developing pupils' self-esteem and giving them opportunities to develop leadership and co-operative skills, through team-building activities.

### **Foundation Stage**

We teach PSHE and Citizenship to children of Foundation age as an integral part of the topic work covered during the year. For the Foundation children, we relate the PSHE and Citizenship aspects of the children's work to the objectives set out in the EYFS. Our teaching in PSHE and Citizenship matches the aim of developing a child's personal, emotional and social development as set out in the EYFS. We also support Citizenship education when we teach 'how to develop a child's knowledge and understanding of the world'.

### **Teaching PSHE and Citizenship to Children with Special Needs**

We teach PSHE and Citizenship to all children, regardless of their abilities. Our teachers provide learning opportunities matched to the individual needs of children with learning difficulties. When teaching PSHE and Citizenship we take into account the targets set for SEN children in their Support Arrangement Records (SARs) and appropriate social support.

### **Inclusion**

All children matter and are given every opportunity to achieve their best. We achieve this by planning which will meet the needs of boys and girls, children with special educational needs, children who are more able, children with disabilities, children from all social and cultural backgrounds, different ethnic groups and diverse linguistic backgrounds.

We meet needs of all children by:

- Providing resources that reflect diversity and are free from discrimination and stereotyping;
- Using a range of teaching strategies that are based on their needs;
- Ensuring access to every activity where it is safe and reasonable to do so.

### **Assessment and Recording**

Teachers assess the children's work in PSHE and Citizenship both by making informal judgements as they observe them during lessons and by doing formal assessments of their work. We have clear expectations of what the pupils will know, understand and be able to do at the end of each year.

Teachers record the achievements of pupils in PSHE and Citizenship. This is done using the foundation assessment tool with specific statements of achievement for each strand of PSHE in each year group.

We do not set formal examinations in PSHE and Citizenship. The assessments that we make of pupil achievement do not imply that a pupil has 'passed' or 'failed'.

### **Resources**

We keep resources for PSHE and citizenship in each Year Group for each unit of work. We have additional resources in the cupboard inside Year 6 Chimps classroom.



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### **Monitoring and review**

The Head Teacher and the PSHE and Citizenship co-ordinator are responsible for monitoring the standards of children's work and the quality of teaching. The co-ordinator supports colleagues in the teaching of PSHE and Citizenship, by giving them information about current developments in the subject and by providing a strategic lead and direction for the subject in the school.

### **Note**

This PSHE and Citizenship policy should be read in conjunction with the Sex Education Policy and the Drugs Education Policies.

Policy reviewed by: Toby Baddock  
Policy reviewed: September 2018  
Policy to be reviewed: September 2019